



SEXUAL AND REPRODUCTIVE HEALTH CARE POLICY

Prishtinë, 2024

1. Introduction

UNI – Universum International College is committed to providing a safe and healthy environment for all students, faculty, and staff. UNI – Universum International College recognises that sexual and reproductive health (SRH) is a fundamental aspect of overall student wellbeing. This Policy sets out the College’s commitment to providing safe, accessible, and confidential SRH services, information, and support for all students.

The purpose of this Policy is to:

- Promote the sexual and reproductive health of students aligned with national legislation and standards.
- Ensure timely access to guidance, services, and referrals related to SRH matters.
- Foster an environment of respect, dignity, and inclusivity where students can seek support without fear of discrimination or stigma.
- Clarify roles, responsibilities, and operational frameworks for the delivery of SRH services at UNI – Universum International College.

2. Legal and Policy Framework

This Policy is informed by the following legal and policy frameworks:

- **Law No. 04/L-144 on Reproductive Health in Kosovo (Official Gazette of Republic of Kosovo)**
- **Law No. 05/L-020 on Gender Equality and Protection from Discrimination (Official Gazette of Republic of Kosovo)**
- **Law No. 06/L-082 on Personal Data Protection (Official Gazette of Republic of Kosovo)**
- International standards and guidance from WHO, UNFPA, and best practices in higher education. UNI – Universum International College commits to full compliance with these legal obligations, ensuring student rights to confidential and accessible SRH services.

3. Scope

This Policy applies to all **students** enrolled at UNI – Universum International College. It covers all aspects of sexual and reproductive health support free of charge, including but not limited to:

- Sexual Education and Support
- Pregnancy support

- Informing about the prevention of sexually transmitted infections (STIs)
- Postnatal and prenatal guidance
- Mental health aspects related to sexual and reproductive health
- Professional Services orientation.

4. Definitions

- **Sexual & Reproductive Health (SRH):** A state of physical, mental, and social wellbeing in all matters related to the reproductive system, not merely the absence of disease or infirmity.
- **SRH Services:** Professional guidance, counselling, medical care, and referral related to STI prevention, pregnancy, fertility, menstrual health, and other reproductive health concerns.
- **Wellbeing Office:** The dedicated College office responsible for coordinating student wellbeing services, including SRH support, confidential counselling, and referrals.

5. Policy Statement and Principles

UNI – Universum International College is committed to:

1. **Respect and dignity** - Ensuring every student is treated with understanding, respect, and without discrimination.
2. **Accessibility** - Guaranteeing that SRH rights are promoted and accessible to all students.
3. **Confidentiality** - Maintaining privacy in all interactions related to SRH.
4. **Prevention and awareness** - Providing accurate information, guidance, and educational support to promote SRH rights.
5. **Collaboration** - working with external professionals and organisations where appropriate.
6. **Continuous improvement** - Reviewing and updating SRH services and policy in line with legal changes, feedback, and emerging best practices.

6. Roles and Responsibilities

UNI – Universum International College

- Endorses and supports the implementation of this Policy.
- Ensures adequate financial and human resources for mental health initiatives.

Wellbeing Office

- Serves as the primary point of contact for all SRH-related enquiries.
- Provides confidential guidance and information.
- Maintains an up-to-date directory of local SRH clinics, medical providers, and NGOs for referrals.
- Coordinates workshops, awareness campaigns, and educational sessions on SRH topics.

Students and Staff Members

- Are encouraged to seek help or information proactively.
- Are expected to respect the confidentiality of peers and the College's SRH procedures.

7. Support and Referral Pathways

- **On-Campus Support:** Initial guidance, counselling, and educational resources provided by the Wellbeing Office free of charge.
- **External Referral:** For clinical or specialised SRH care, students may be referred to qualified health professionals, clinics, or NGOs within Kosovo.

8. Confidentiality and Data Protection

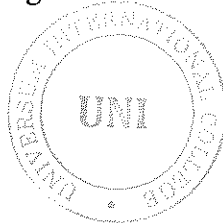
- All personal information disclosed in relation to mental health will be treated confidentially and in line with **Law No. 06/L-082 on Personal Data Protection**.
- Records will be securely stored and accessible only to authorised personnel within the Wellbeing Office.

9. Monitoring & Review

- The Wellbeing Office will collect anonymised data on outcomes of SRH services.
- An annual review will assess service effectiveness, student feedback, and compliance with legal standards.
- Findings will inform updates to this Policy and the College's SRH provision.

10. Approval and Implementation

This Policy takes effect upon approval by the Vice President for Academic Affairs & Dean of UNI – Universum International College in March 2024 and shall remain valid until revised or replaced.



A handwritten signature in black ink, appearing to read "Isabel Salvat", is written over a horizontal line.

Dr. Isabel Salvat

Vice President for Academic Affairs & Dean

Chair of the Academic Council